## Berwick Area Middle School Student Bulletin Friday, May 17th, 2024

## Lunch Menu - General Tso Chicken Bowl OR Corn Dog Nuggets OR Juicy Cheeseburger on a Bun, Green Beans, Fruit, Milk

- These are the early dismissal times for sports this week, due to away games/meets: Friday 5/17 Jr. High Softball 2:00
- 2. All library books are due back to the library by Tuesday, May 21st.
- 3. Any student interested in playing soccer in the fall, there is a signup sheet in the office. This is for CURRENT 6th, 7th and 8th grade students.
  - 4. Attention any students planning to play a sport next school year - sports physicals will be held at the Middle School Varsity Gym on Monday, June 3rd. Please pick up a physical form in the nurse's office. You must have the completed form with you on the day of physicals!! This will be the only time that physicals will be offered at the Middle School.

## 5. From the Teen Center:

\*This time of the school year can be difficult for any teen. On Monday the 20<sup>th</sup>, Professor Kellee from LCCC is visiting the Teen Center with her expertise in coping with Mental Health. Kellee is bringing with her strategies to handle stress and anxiety with hands-on activities such as making fidgets, journaling, creating gratitude boxes and much more!

\* The weather is getting warmer and we're in the mood for ice cream!!! Stop by the Teen Center on Wednesday the 29<sup>th</sup> for an evening of making your own sundae. We'll have whip cream and cherries and toppings galore.

\*A variety of Expressive Arts are happening every Wednesday evening at the Teen Center starting at 5pm. Come get a little messy and create something cool! As always, you get to take your masterpieces home to enjoy!

6. Don't forget to order your yearbook at jostensyearbooks.com.